2: Schapera E-4, 5 (no date) 1930
FX13 Hottentot FX13
Nama

842 As a rule boys are preferred to girls, since they increase the military strength of the tribe and help to defend its herds, as well as to augment them on raiding expeditions.[1] There is no record, however, of any observances or food specially designed to secure the birth of male children, although, as we have seen, the husband of a woman who has only borne daughters may take a concubine.

847 Women who do not want children achieve their aim mainly by
[842] abortion, which is not infrequently practised. Contraceptives are
apparently unknown. The principal abortifacient is the inspissated
[825] urine and fæces of the rock rabbit or dassie (*Hyrax capensis*), gathered from the clefts and crannies it inhabits. A decoction of this, boiled and strained, is taken in large doses, if necessary for several days in
[824] succession. A certain thorn bush (*Sarcocaulon sp.*), pounded whole and boiled, is also used, while still another method is to keep binding the abdomen tightly round with leather straps until delivery is forced on.[2] No motives are given by our authorities for abortion, although presumably it is practised chiefly in case of illegitimate
847 pregnancy. According to Wandres, both the woman and anybody
● 682 assisting her to procure abortion are, if discovered, brought before the tribal council and punished by thrashing, while at least five sheep or goats are claimed as court fees. The usual number of lashes for such an offence is forty, of which the woman's lover can, if he wishes, take over twenty.[3] The same punishment was given to a pregnant woman if the women massaging her found on her abdomen the striations of an old, secret delivery.[4]

843 The first symptoms of pregnancy, according to Hottentot ideas, are usually not the cessation of menstruation, but the onset of sickness, vomiting, lack of appetite, etc., providing that the woman does not normally suffer from these complaints. From the time that she feels herself pregnant, she is carefully massaged on the abdomen two or three times a week, for an hour to an hour and a half at a time, by two of the old women of the camp, who take note of the growth and position of the fœtus. Conception, according to their ideas, takes place in the bladder, where a second bladder is formed in which the embryo is then enclosed. The uterus is only an appendix to the

[1] Von François, *Nama und Damara*, 214; Olpp, *Angra Pequena*, 27; Schultze, "Südwestafrika," 206–7.
[2] Schultze, *Namaland und Kalahari*, 320; Laidler, "Magic Medicine of the Hottentots," 443, 445, 446; Wandres, "Ueber das Recht der Naman," 668.
[3] Wandres, *loc. cit.*; cf. Kohler, "Das Recht der Hottentotten," 355.
[4] Schultze, *Namaland und Kalahari*, 319.

5: Vedder M-5 (ca. 1910) 1928
FX13 Hottentot FX13
NAMA

769 has to exert himself to ward off approaching death by means of
787 circumstantial ceremonies. Having performed these cere-
761 monies secretly, only after a year may he relate this dream, as
by then the time for its realisation will have expired, failing
[682] which he will be regarded as a murderer should the person
die within that year and be treated accordingly. When the
sheep get lost in the pastures, they know how to find them
by lighting a certain root at the gate of the kraal, the flames
showing the direction in which the sheep should be sought.
761 He, who heedlessly stands in the shade of a bush called "the
782 little heart-tree" is endangered by death until he has atoned
for his disrespectful behaviour by burying a piece of cloth
from his own dress, at the root of the tree.

791 4. It is clear that in these circumstances wizards and
sooth-sayers would enjoy great personal attention, find favour
and acquire riches especially in hard times; and up to the
present time all sorts of wizards, who pretend to be able to
ward off death and to cure animals by means of mysterious
remedies, are still active among the Nama; they very seldom
avail themselves of effective medicinal roots and shrubs for
they have a very scanty knowledge of the medicinal plants
of Namaland. The more mysterious is the hocus-pocus in
which he wraps his unintelligible doings, the greater the
wizard and the more firmly do they expect the wonderful
effects! There is a definite way of practising witchcraft to
reveal that which is still hidden in the dim future or is
wrapt in the veil of the past; but it seldom happens that one
comes on the track of old, original customs. What has been
heard or seen among the Bushmen, Ovambo and also among
the Malays and Mahomedans of the Cape Colony, is being
practised and has its believers.

751 The wearing of various kinds of talismans is by no means
uncommon, but one very seldom gets the impression that they
are in any way connected with ancient beliefs or superstitions.
Fangs, beads, pieces of scaly skin, roots, fruits, etc., are
regarded by them as serving to ward off diseases, to maintain
health or to deliver them from evil. As a rule these things
are worn at the breast on a thin leather strap; very often
they are tied on painful parts of the body and are then simply
called "Medicine."

751 When circumstances demand it they prepare these amu-
439 lets themselves, but they have so little confidence in their
own art that they would rather purchase them from the
Ovambo, Herero, Bergdama and especially from the Bushmen.

VII. Manners and Customs.

584 1. A matrimonial engagement may take place in two ways.
The parents of the young man either look for a suitable girl,
get her parents' consent, have long and by no means enjoy-
able negotiations with relatives, decide upon the date for the

681 cuts with a stick until ultimately, in the olden days, the death
[685] sentence was decided upon. At the present time, the matter is then referred to the law-courts. In the case of corporal punishment the sentence was usually based on the principle of: Eye for an eye and tooth for a tooth—unless the parties
[682] agreed upon another form of indemnity. Murder, high
687 treason, attempted murder of the chief and incest were always
684 punished with death according to the deposition of the old people. For the execution of corporal punishment a bailiff was appointed and fines were collected by the magistrate.

673 6. Generally they regard disrespectful behaviour towards the old, murder, homicide, bodily injury, theft, illegitimate impregnation and treason as punishable offences.

Lies and perjury are also deemed improper, but are not
[835] subject to legal punishment. In the same way adultery is not punishable. Incest becomes a case for the law only when the father refuses to be responsible for the sustenance of the child during its first years, namely, the time when it needs
[838] the nursing of the mother. As soon as the child is five years of age, the father takes it and the payments, which as a rule were in cattle and to-day are in money, cease.

It cannot, however, be said that these forms are valid everywhere where there are still unbroken Nama tribes ruled by a chief; and although they still know their old laws, they do not avail themselves of them in every case.

421 7. The proprietary rights of the old Nama were not extensive, and those of the present generation are still more limited as a result of the fact that they hardly possess any lands. Generally speaking we may say that the individual possesses nothing but is the usufructuary of what the family possesses. This even includes clothes and things for daily use.

422 Under personal property one understands the possession of cattle. A child even may receive one or more goats from his father and he uses their milk. He has the right to milk such goats without permission and their progeny are his property. Where natural conditions make it possible every person—man, wife, child—possess a few goats, sheep or even cattle. When these are to be sold it becomes manifest that this personal property continues to be regarded as family property, because in such cases, the whole family and not the individual decides whether there should be a sale or not.

423 The land or their tribal territory can under no circumstances become the property of an individual, neither is it the property of the chief. He has not got the right to dispose of or to give away anything of the territory which, in all respects, is regarded as common tribal property, unless the money received be divided amongst the families of the tribe, after they have consented to such a sale. The boundaries of a tribal territory, however, are not fixed. All lands and grounds where members of a tribe have previously grazed

8: Dapper Q-4 (no date) 1933
FX13 Hottentot FX13
Cape Hottentot

It happened about five years ago that a certain man, a great friend and kinsman of the Koekqua or King of the Saldanhars, sank so low as to commit incest. But justice was done upon him as well, without regard for his person. He managed nevertheless by pleading hard to get off with a whipping, the confiscation of all his cattle, and exile; and betook himself to the Goringhaikonas at the Fort, deserted by all his friends, but with the promise that if he should conduct himself as before then he would again be taken into favour. This shows again that even to these savages discipline is not unknown.

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PUNISHMENT OF HOMICIDE AND ASSAULT.

They also regard it as a serious offence when anybody, through anger or passion, beats or stabs someone else to death, especially when it has been done by a man of reputed wisdom and important status and wealth. They say that such a man, gifted with more understanding than others, ought to know better, and should set them a good example, considering that he is also a judge. He is in consequence strangled on a tree, and then laid dead in the grave. The less sophisticated common people, on the other hand, can get off more lightly for the same offence by paying cattle, and so have a lighter punishment than important and reputedly wise councillors. Some ill-doers who have merited death have their knees pierced through and attached by an iron peg to the shoulders, and thus are punished by a lingering end."[695]

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DWELLINGS.

As regards their dwellings, they live, like the Arabs of the desert, in huts, made of some sticks bent over crooked and ranged in a circle, and covered over with reed mats, which they can weave very nicely. Some of these huts

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was said and himself be heard by everybody around. The accuser stated his case, producing all his proofs and witnesses. The accused in return put forward whatever defence he could, and the matter was then thoroughly discussed by the councillors, the verdict being arrived at by the decision of the majority. If the accused was acquitted, a few head of cattle from the herds of his accusers were adjudged to him as compensation. But if he was found guilty, and the chief, in whose hands the final sentence lay, pronounced in favour of death, the sentence was immediately executed. The chief, as principal executioner, rushed upon the criminal and felled him to the ground with a heavy blow of the kiri; all the other men present then followed up the attack, until the man was beaten to death. There is no mention of the more elaborate methods of killing referred to by Dapper. (Schapera, *op cit.*, 398 f.)

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